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Relative contributions of North and South Pacific sea surface temperature anomalies to ENSO

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Abstract

Variations in the sea surface temperature (SST) field in both the North Pacific [represented by the Victoria mode (VM)] and the South Pacific [represented by the South Pacific Quadrapole (SPQ) mode] are related to the state of the El Niño–Southern Oscillation (ENSO) three seasons later. Here, with the aid of observational data and numerical experiments, we demonstrate that both VM and SPQ SST forcing can influence the development of ENSO events through a similar air–sea coupling mechanism. By comparing ENSO amplitudes induced by the VM and SPQ, as well as the percentages of strong ENSO events followed by the VM and SPQ events, we find that the VM and SPQ make comparable contributions and therefore have similar levels of importance to ENSO. Additional analysis indicates that although VM or SPQ SST forcing alone may serve as a good predictor for ENSO events, it is more effective to consider their combined influence. A prediction model based on both VM and SPQ indices is developed, which is capable of yielding skillful forecasts for ENSO at lead times of three seasons.
1. Introduction

The El Niño–Southern Oscillation (ENSO) is the most dominant climate fluctuation in the tropical Pacific at seasonal-to-interannual time scales. It has significant impacts on global weather and climate variability through changing the tropical Pacific convection patterns that excite poleward-propagating atmospheric Rossby waves [Alexander et al., 2002]. The development of ENSO events is attributed to a positive feedback known as the Bjerknes feedback [Bjerknes, 1969], which involves an unstable interaction between the intensity of the trade winds and zonal contrasts in sea surface temperature (SST) associated with changes in the ocean thermocline depth. Despite the fact that significant advances have been made in our understanding of ENSO over the past few decades, the mechanism behind the initiation of the Bjerknes feedback remains the subject of considerable debate.

Studies have suggested that some tropical phenomena, such as the Madden–Julian oscillation (MJO) [Madden and Julian, 1994] and Westerly Wind Events (WWEs) [McPhaden et al., 1992; McPhaden, 1999], may play an important role in triggering the Bjerknes feedback. In addition, there is increasing observational and model evidence supporting the possible role of extratropical oceans in the onset of ENSO [e.g., Vimont et al., 2003a; Jin and Kirtman, 2009; Ballester et al., 2011; Terray, 2011; Wang et al., 2012; Boschat et al., 2013; Ham et al., 2013; Ding et al., 2015a, 2015b]. In particular, studies have identified a possible forcing of ENSO by the extratropical North Pacific Ocean [Vimont et al., 2003a, 2003b; Anderson, 2004; Wang et al., 2012, 2013; Boschat et al., 2013; Ding et al., 2015a, 2017; Tseng et al., 2017a]. These studies explored the possible influence of the North Pacific Oscillation (NPO) [Walker and Bliss, 1932], a dominant pattern of atmospheric
variability in the North Pacific, on the tropical Pacific either through the seasonal footprinting mechanism (SFM) [Vimont et al., 2003a, 2003b] or the trade wind charging mechanism (TWC) [Anderson, 2004; Anderson et al., 2013]. Following these studies, fluctuations in the boreal winter NPO-like atmospheric pattern can give rise to a boreal spring SST footprint on the North Pacific Ocean by changing the net surface heat flux. This SST footprint, which is termed the Victoria mode (VM) [Bond et al., 2003; Ding et al., 2015a] or North Pacific meridional Mode (NPMM) [Chiang and Vimont, 2004; Chang et al., 2007], then persists until boreal summer and can subsequently force the overlying atmosphere, resulting in surface zonal winds or subsurface temperature anomalies over the equatorial Pacific that are conducive to the initiation of subsequent ENSO events.

The extratropical South Pacific Ocean has also been shown to influence the onset of ENSO [Ballester et al., 2011; Terray, 2011; Ding et al., 2015b]. Ding et al. [2015b] found that a quadrapole SST anomaly pattern in the extratropical South Pacific triggered by the Pacific–South American (PSA)-like atmospheric variability [Mo and Higgins, 1998]—known as the South Pacific Quadrapole (SPQ) mode—precedes the ENSO signal by approximately three seasons. The SPQ influence on ENSO shares a similar forcing mechanism with the VM influence on ENSO. That is, air–sea coupling processes associated with the SPQ, which closely resemble the SFM or TWC, play an important role in initiating ENSO. In addition, the SST anomaly signature of the SPQ in the subtropical South Pacific resembles the South Pacific meridional mode (SPMM) pattern [Zhang et al., 2014a, 2014b], which could propagate through the wind-evaporation-SST (WES) feedback [Xie and Philander, 1994] to the equatorial Pacific, thus leading to ENSO-like variability.
Given that both the extratropical North and South Pacific oceans exert an influence on ENSO, it seems worthwhile to quantify their relative importance in initiating ENSO. However, the relative contributions of the VM and SPQ SST forcing on ENSO have not been widely discussed in the literature. Using linear inverse models, Capotondi and Sardeshmukh [2015] examined the relative role of several SST and subsurface temperature precursors in triggering different types of ENSO events, but they mainly discussed the relative role of tropical/subtropical precursors in triggering ENSO events, rather than that of extratropical precursors. Ding et al. [2015b] presented a preliminary comparison of the influence of the VM and SPQ on ENSO, based on observational data. However, no detailed study of the relative contributions of the VM and SPQ to ENSO based on observations has been published.

In addition, the relatively short observational records with a mixture of various climate variabilities also pose a challenge of identifying the relative role of the VM and SPQ in initiating ENSO. To address this issue, this study uses both observations and coupled general circulation models (CGCMs) to further assess the relative contributions of the VM and SPQ SST forcing to the development of ENSO.

The rest of the paper is organized as follows. Section 2 describes the various datasets, models, and indices employed in this study. Section 3 reveals the relative contributions of the VM and SPQ to ENSO in observations. The results from numerical simulations are analyzed in section 4. A further discussion regarding the joint effect of the VM and SPQ on ENSO is given in section 5. Finally, section 6 summarizes our major findings.
2. Data and model descriptions

2.1. Observational datasets

Atmospheric fields including surface winds were obtained from the National Centers for Environmental Prediction–National Center for Atmospheric Research (NCEP–NCAR) reanalysis dataset for 1948 to 2017 \cite{Kalnay1996}. Monthly global SST data for the same period are from the UK Met Office Hadley Center Sea Ice and Sea Surface Temperature dataset (HadISST3) \cite{Rayner2006} and the National Oceanic and Atmospheric Administration (NOAA) Extended Reconstructed SST, version 4 (ERSSTv4) \cite{Smith2008}.

Monthly anomalies for all variables were computed by subtracting the 1981–2010 climatological means for each month. We used a 9-year high pass filter to remove interdecadal variability and focus on the interannual time scales. We used correlation, regression, and composite analyses to examine the relative contributions of the VM and SPQ to ENSO. The statistical significance of correlation, regression, and composite analyses was determined based on a two-tailed Student’s $t$-test.

2.2. Numerical models

The CGCM used in the study is the Community Earth System Model version 1.2.2 (hereafter CESM). The CESM is a state-of-the-art, fully coupled, global climate model developed at NCAR to simulate the whole earth system \cite{Hurrell2013}. CESM consists of atmospheric, ocean, ice, land surface, and other components. Its atmospheric component is the Community Atmosphere Model version 5 (CAM5), with a horizontal resolution of about $1^\circ (1.25^\circ \times 0.9^\circ)$ and 30 layers in the vertical, and its ocean component is the Parallel Ocean
Program version 2 (POP2), with a similar horizontal resolution and 60 layers in the vertical. The land and sea ice model of CESM are the Community Land Model version 4 (CLM4) and Los Alamos Sea Ice Model version 4 (CICE4). The control CESM simulation is initialized from the CESM Large Ensemble (30 members) control simulation run in 1920. We integrate for 80 years from 1921 to 2000 (denoted as the CTRL run) using the 20 century historical forcing. Several different sensitivity experiments are performed from 1921 to 2000 to explore the relative role of VM and SPQ.

2.3. VM and SPQ indices

The first empirical orthogonal function mode (EOF1) of monthly SST anomalies over the North Pacific poleward of 20°N is known as the Pacific Decadal Oscillation (PDO) [Mantua et al., 1997; Zhang et al., 1997], while the EOF1 of monthly SST anomalies over the South Pacific poleward of 20°S represents an ENSO-like SST pattern over the South Pacific [Ding et al., 2015b]. The VM pattern is defined as the EOF2 of monthly SST anomalies over the North Pacific poleward of 20°N [Bond et al., 2003; Ding et al., 2015a], and the SPQ pattern is defined as the EOF2 of monthly SST anomalies over the South Pacific poleward of 20°S [Ding et al., 2015b; Qin et al., 2018]. The second principal component (PC2) time series associated with the VM (SPQ) pattern is normalized to have unit amplitude, and is then defined as the VM (SPQ) index. Figure 1a and 1b show the EOF2 of North and South Pacific SST anomalies for 1948–2017 derived from the HadISST data, respectively. The VM and SPQ patterns explain 20.6% and 17.2% of the total variance, respectively, and are well separated from the remaining eigenvectors according to the criterion of North et al. [1982]. The most obvious feature of the VM pattern is a tilted SST anomaly dipole structure.
oriented in the northeast–southwest direction over the North Pacific, with a band of positive SST anomalies extending from the Sea of Okhotsk to the northeastern North Pacific and a band of negative SST anomalies extending from the central North Pacific to the western North Pacific. The sea level pressure (SLP) anomaly pattern associated with the VM exhibits a dipole structure with opposite SLP anomalies over the mid-latitude North Pacific and the high-latitude North Pacific (Figure 1a), which resembles the NPO pattern [Walker and Bliss, 1932]. The prominent feature of the SPQ pattern is a quadrupole-like SST anomaly structure over the South Pacific, with centers over the Tasman Sea off the southeast coast of Australia, the Ross Sea, the Bellingshausen Sea, and the west coast of South America. The SPQ is related to SLP variability over the South Pacific with a zonal wavenumber-3 structure (Figure 1b), which resembles the PSA pattern [Mo and Higgins, 1998].

Both the VM and SPQ reach their peak around boreal spring [February–April (FMA)] (Figures 1e and 1f), consistent with Ding et al. [2015a, 2015b]. Lead–lag correlations of the DJF-averaged Niño3.4 index with 3-month averaged VM and SPQ indices indicate that their peak correlations occur around boreal spring (FMA) prior to the boreal winter peak of ENSO for both the observations and CESM CTRL run (Figures 2a and 2b). Therefore, we used the FMA-averaged VM and SPQ indices as representative of VM/SPQ variability to compare their relationships with ENSO in the observations as well as in the CESM model. Figure 3a shows time series of the observed FMA-averaged VM and SPQ indices for the period 1948–2017. The correlation between the FMA-averaged VM and SPQ indices is 0.22 (not significant at the 95% confidence level) (see also Figure 4a). This indicates that VM variability is relatively independent of SPQ variability, consistent with the findings of Ding et
al. [2015b]. According to the FMA-averaged VM and SPQ indices (Figure 3a), a strongly positive or negative VM (SPQ) event is defined as a year in which the FMA-averaged VM (SPQ) index exceeds one positive or negative standard deviation of its 1948–2017 time series (Table 1). Note that only 6 of the 26 VM events occurred simultaneously with SPQ events, lending support to the view that the VM is relatively independent from the SPQ.

3. Observational analysis

The evolution of 3-month averaged SST and surface wind anomalies regressed on the FMA-averaged VM and SPQ indices derived from the HadISST data is shown in Figure 5. The figure indicates that both the boreal spring VM and SPQ induce significant westerly anomalies in the western equatorial Pacific and positive SST anomalies in the central–eastern equatorial Pacific during the following boreal summer, which are sustained and further developed by the Bjerknes feedback in the tropical Pacific during subsequent seasons, as shown previously by Ding et al. [2015a, 2015b]. We note that the maximum warming induced by both the VM and SPQ is mostly located in the Niño3.4 region (170°–120°W, 5°S–5°N). Thus, we used the Niño3.4 index [SST averaged over (170°–120°W, 5°S–5°N)] as representative of ENSO variability to compare its linkages with the VM and SPQ.

We first compute the correlations of the boreal spring (FMA-averaged) VM and SPQ indices with the following boreal winter (DJF-averaged) Niño3.4 index for 1948–2017. The correlation between the VM and Niño3.4 indices is 0.50 (significant at the 99.9% confidence level) (Figures 4b), which is slightly lower than the correlation between the SPQ and Niño3.4 indices (R=0.53, significant at the 99.9% confidence level) (Figure 4c). The difference between these two correlations is not significant at the 95% confidence level according to the
Monte Carlo significance test [Anderson, 2007]. Furthermore, the partial correlation technique [Spiegel, 1988] is utilized to distinguish the impacts of the VM and SPQ on ENSO. The partial correlation between the VM and Niño3.4 indices after excluding the impact of the SPQ is also similar to that between the SPQ and Niño3.4 indices after excluding the impact of the VM (0.41 and 0.43, respectively; both significant at the 99.9% confidence level). These results are consistent with those of Ding et al. [2015b], who found that the lagged correlation between the VM and ENSO is comparable with that between the SPQ and ENSO.

We next compare the amplitudes of the VM-related and SPQ-related Niño3.4 indices using regression and composite analyses. The regression coefficient of the following boreal winter (DJF-averaged) Niño3.4 index onto the FMA-averaged VM index is very close to the regressed Niño3.4 index onto the SPQ index (0.56°C and 0.55°C, respectively; both significant at the 99.9% confidence level). The partial regression coefficient of the VM after excluding the impact of the SPQ is also similar to that of the SPQ after excluding the impact of the VM (0.39°C and 0.37°C, respectively; both significant at the 99% confidence level). Half the composite difference in the following boreal winter Niño3.4 index between positive and negative VM events is of comparable amplitude to that between positive and negative SPQ events (0.73°C and 0.68°C, respectively; both significant at the 99% confidence level). We note that although the magnitudes of the boreal winter Niño3.4 index associated with the VM and SPQ are comparable, their seasonal evolutions are somewhat different. In contrast to the Niño3.4 index associated with the VM, the Niño3.4 index associated with the SPQ indicates an earlier transition from the negative to positive phase during boreal spring, followed by a quicker decay after it reaches its peak during boreal winter (Figure 6).
Furthermore, we make a comparison of the percentages of positive (negative) VM and SPQ events that are followed by a strong or moderate El Niño (La Niña) event. A strong (moderate) El Niño or La Niña event is defined by a boreal winter (DJF) Niño3.4 index greater than 1.0 (0.5–1.0) positive standard deviation or less than 1.0 (0.5–1.0) negative standard deviation. About 42% of the VM events (11 out of 26 events) were followed by a strong ENSO event (Table 2). Similarly, around 42% of the SPQ events (10 out of 24 events) were followed by a strong ENSO event. In addition, 4 out of 26 VM events (~15%) were followed by a moderate ENSO event, whereas 6 out of 25 SPQ events (~24%) were followed by a moderate ENSO event. In general, the percentages of VM and SPQ events that were followed by strong and moderate ENSO events are similar. Note that around 42% of VM or SPQ events were followed by a strong ENSO event, indicative of the importance of the North and South Pacific extratropical forcings in influencing ENSO.

The comparisons presented above are summarized in Figure 7. The relationships of the VM and SPQ with ENSO are consistent between HadISST and ERSST (the left and right panels of Figure 7, respectively), indicating that the results are not sensitive to the choice of dataset. These results from observational studies suggest that the effects of the VM and SPQ on ENSO are generally comparable, and the VM plays an important role, similar to the SPQ, in the development of subsequent ENSO events.

4. Numerical experiments

To further explore the relative contributions of the VM and SPQ to ENSO, we performed numerical sensitivity experiments with the CESM by imposing the VM-related (SPQ-related) SST anomalies only over the North Pacific poleward of 10°N (over the South
Pacific poleward of 10°S (Figure 8). The VM-related (SPQ-related) SST anomalies are obtained from regressions of the FMA-averaged SST anomalies onto the concurrent VM (SPQ) index based on the HadISST data. It should be noted that although the VM (SPQ) mode is defined as the EOF2 of SST anomalies over the North Pacific poleward of 20°N (over the South Pacific poleward of 20°S), its related SST anomalies can extend into the subtropical North (South) Pacific (see the MAM season of Figure 5). These subtropical SST anomalies associated with the VM (SPQ) could be considered as a part of the VM-related (SPQ-related) SST anomaly pattern in the North Pacific (in the South Pacific), and they may play an important role in linking the VM/SPQ to ENSO [Ding et al., 2015a, 2015b]. Therefore, we superimposed the VM-related or SPQ-related SST anomaly pattern poleward of 10° rather than poleward of 20°.

The sensitivity experiment superimposes the VM-related (or SPQ-related) SST anomalies (Figure 8) to the oceanic SST patterns in the coupler only in the FMA season every year so that the enhanced SST can be feed into the CAM5 and represents the enhanced roles of the boreal spring VM and SPQ. We note that the oceanic SST climatology is not significantly changed (figures not shown) since only the atmospheric model CAM5 feels the additional SST patterns and then feedbacks back to the ocean through the surface heat flux. Therefore, we do not perform further restoring to the model climatology. The numerical experiment with the additional VM-related SST anomalies is denoted as the NP run, while the experiment with the additional SPQ-related SST anomalies is denoted as the SP run. In the NP (SP) run, the ocean-atmosphere coupling is not influenced except the imposed regions during the FMA season. Similar to the CESM CTRL run described in section 2.2, each
experiment was also integrated for 80 years from 1921, and the last 70 years were used in the analysis. The difference between the NP and CTRL runs reveals the contribution of the VM SST forcing to ENSO, while the difference between the SP and CTRL runs reveals the contribution of the SPQ SST forcing.

Before proceeding to an investigation of the relative contribution of the VM and SPQ to ENSO in the CESM, it is necessary to evaluate the model’s performance in simulating the VM and SPQ patterns and their effects on tropical Pacific SST variability. The simulations of the EOF2 of North and South Pacific SST anomalies derived from the CTRL run are shown in Figures 1c and 1d, respectively. The EOF2 modes of North and South Pacific SST anomalies explain slightly smaller variances within the simulations than within the observations (19.8% and 15.8% in the simulations compared with 20.6% and 17.2% in the observations). The simulated EOF2 of North Pacific SST anomalies shows a dipole structure oriented in the northeast–southwest direction similar to the observations. The simulated EOF2 of South Pacific SST anomalies also resembles the SPQ pattern in the observations, with a quadrupole-like SST anomaly structure over the South Pacific. The pattern correlations between the simulated and observed VM SST patterns and between the simulated and observed SPQ SST patterns reach 0.88 and 0.85, respectively. The simulated VM and SPQ patterns are related to the NPO-like and PSA-like atmospheric patterns (Figures 1c and 1d), respectively, consistent with the observations. The temporal characteristics of the simulated VM and SPQ indices (Figures 1e and 1f) also show similarities to the observations: the seasonal variation of the standard deviation of both indices peaks around the FMA season. These results indicate that CESM can well reproduce the temporal and spatial features of the
VM and SPQ modes.

The evolutions of 3-month averaged SST and surface wind anomalies regressed on the FMA-averaged VM and SPQ indices were also evaluated for the CTRL run (Figure 9). The CTRL run realistically reproduces the equatorward propagation of off-equatorial SST and surface wind anomalies associated with the VM and SPQ. Some key characteristics of the processes involved in the influence of the VM and SPQ on ENSO, such as significant SST anomalies in the subtropical North/South Pacific persisting from boreal spring to summer, pronounced westerly anomalies in the western equatorial Pacific from boreal summer, and the associated positive SST anomalies in the central-eastern equatorial Pacific, are well simulated. The maximum warming center during boreal winter associated the VM and SPQ is located over the Niño3.4 region between 170°–120°W, consistent with the observations. The major differences between the CTRL run and the observations are that the simulated westerly anomalies in the western equatorial Pacific in boreal summer and the simulated Niño3.4 index in boreal winter are slightly weaker than those in the observations. Despite these differences, the correlation between the FMA-averaged VM index and the following boreal winter Niño3.4 index is comparable to that between the SPQ index and the Niño3.4 index three seasons later in the CTRL run (0.41 and 0.42, respectively; see Figure 3b), and the simulated Niño3.4 index in the boreal winter associated with the VM is of comparable amplitude to that associated with the SPQ (0.46°C and 0.45°C, respectively), which resemble the observations.

The results from the CTRL run presented above show that the simulated responses of ENSO resulting from the VM and SPQ SST forcing are relatively realistic. This gives us
confidence to further investigate the relative contribution of the VM and SPQ to ENSO through comparing the results of the NP and SP runs. The differences in the seasonal evolution of SST and surface wind anomalies between the NP and CTRL runs are shown in Figure 10 (left panel). During boreal spring, significant positive SST anomalies associated with the VM extend from the northeastern Pacific to the tropical central Pacific. These SST anomalies generate the anomalous westerlies in the western equatorial Pacific by modifying the SST anomaly gradient. Driven by these equatorial anomalous westerlies, the El Niño signal starts to emerge in the eastern equatorial Pacific from boreal summer, and further develops during subsequent seasons. These results from the NP run confirm the role of the VM SST forcing as a trigger of ENSO.

The differences in the seasonal evolution of SST and surface wind anomalies between the SP and CTRL runs are shown in Figure 10 (right panel). During boreal spring, both negative SST anomalies off the east coast of Australia and positive SST anomalies along the west coast of South America associated with the SPQ extend northwestward toward the western and central–eastern equatorial Pacific, respectively, leading to a weakened zonal SST gradient across the western to eastern equatorial Pacific. In turn, this gradient induces westerly anomalies in the western equatorial Pacific during boreal summer that are conducive to initiating an El Niño pattern during subsequent seasons via ocean–atmosphere coupling in the tropics. Consistently, the results from the SP run show that the SPQ SST forcing during boreal spring favors El Niño signals during the subsequent boreal winter.

The above idealized numerical experiments show that both the boreal spring VM and SPQ SST forcing contribute to the subsequent development of ENSO events. To reveal the
relative contribution of the VM and SPQ SST forcing, we compare the seasonal evolutions of the Niño3.4 index from boreal spring to winter simulated by the NP and SP runs (Figure 11a). The Niño3.4 index in both runs intensifies during boreal summer and fall, and peaks during boreal winter, lagging the VM/SPQ SST forcing during the FMA season by three seasons. The boreal winter Niño3.4 index in the NP run has amplitude comparable to that in the SP run. In addition, CESM tends to simulate a higher probability of an El Niño state in both the NP and SP runs under VM or SPQ SST forcing. Both the NP and SP runs have a higher probability of strong and moderate El Niño events compared with the CTRL run (Figure 11b). Here strong or moderate El Niño/La Niña events in the NP and SP runs follow the same definitions as in the observations. The probability of a strong El Niño in the NP run is similar to that in the SP run (32% and 30%, respectively). These results are consistent with those from the observational analysis, thereby supporting the conclusion that the North and South Pacific SST forcings have similar levels of importance to ENSO.

5. Discussion

Although the majority of current CGCMs reproduce an ENSO-like dominant mode of tropical Pacific interannual SST variability, the specific properties (amplitude, frequency, and pattern) of ENSO are highly model dependent [Latif et al., 2001]. Furthermore, models differ widely in their responses to the North and South Pacific SST forcing, making the estimation of the relative contributions of the VM and SPQ SST forcing to ENSO somewhat uncertain. It follows that the results from the ideal experiments in this study may be model dependent and therefore should be compared with those from other CGCMs in future research.

The intensities of the VM and SPQ are not constant but exhibit variations on decadal
timescales in observations [Ding et al., 2015a, 2015b, 2016]. Moreover, the VM amplitude
does not vary in phase with the SPQ amplitude. Therefore, the relative contributions of the
VM and SPQ to ENSO may depend on the decadal background state. By comparing the
relative contributions of the VM and SPQ to ENSO over an extended period (1948–2017), we
conclude that the VM and SPQ may make comparable contributions to ENSO. However, for
a shorter period the results may be different and the VM may play a more important role in
developing ENSO than the SPQ, or vice-versa. The dependence of the relative contributions
of the VM and SPQ to ENSO on the decadal background state needs to be further
investigated. In addition, the VM and SPQ possesses variability ranging from interannual to
decadal time scales [Ding et al., 2015a, 2015b]. This study compares the influences of the
VM and SPQ on tropical Pacific interannual SST variability. Further investigations are also
needed to better understand the impacts of the VM and SPQ on tropical Pacific decadal SST
variability.

Though the VM or SPQ forcing alone may serve a precursor to ENSO, it is more
effective to consider their joint effects. Based on observational data, Ding et al. [2017]
demonstrated that the VM influence on the tropical Pacific interferes or interacts with the
SPQ effect, and when the two precursors have the same (opposite) sign, their impact on
ENSO is much stronger (weaker). Given the joint relationship of VM and SPQ SST forcing
with ENSO, it is difficult to separately quantify their individual contributions, and more
worthwhile to consider a combined model for prediction. Based on the observed VM and
SPQ indices in boreal spring, we developed an empirical prediction model for the tropical
Pacific SST anomalies in the following boreal winter at every grid point \((x, y)\) using a
multiple linear regression method:

\[ \text{SST}(x, y; t) = \alpha \cdot \text{VM}(t) + \beta \cdot \text{SPQ}(t), \tag{1} \]

where \( t \) is time in years and the time series of \( \text{SST}(x, y, t) \), \( \text{VM}(t) \), and \( \text{SPQ}(t) \) are normalized. The regression coefficients \( \alpha \) and \( \beta \) at every grid point are determined through a least-squares fit of the observed \( \text{SST}(x, y, t) \) to the observed \( \text{VM}(t) \), and \( \text{SPQ}(t) \), respectively. Figures 12a and 12b show the spatial distributions of \( \alpha \) and \( \beta \) in the tropical Pacific derived from the HadISST data, respectively. We can see that \( \alpha \) and \( \beta \) have similar amplitudes in most regions of the tropical Pacific, and the spatial pattern of \( \alpha \) is very similar to that of \( \beta \). Significant positive values of both regression coefficients are mainly located over the tropical central–eastern Pacific and significant negative values over the tropical western Pacific, which closely resembles the typical El Niño pattern.

We used model (1) to hindcast the tropical Pacific SST anomalies during boreal winter, which produces significant correlations in most regions of the tropical Pacific (Figure 12c). Furthermore, the model is assessed with a leave-one-out cross-validation procedure, which involves iteratively removing one year from the time series, constructing a model based on the remaining years, and hindcasting for the omitted year using this model. There are some reductions in the correlations between cross-validated hindcasts and observations (compared with those in Figure 12c), but these correlations are still significant in most regions of the tropical Pacific (Figure 12d). If model (1) is used to hindcast the boreal winter Niño3.4 index based on the VM and SPQ indices of the previous spring, it yields a correlation skill of 0.65 (significant at the 99.9% confidence level; see Figure 4d). The cross-validated correlation skill of the Niño3.4 index is 0.61 (Figure 12e), which is higher than using only the SPQ or
VM index to hindcast the following boreal winter Niño3.4 index (the cross-validated 
correlation skill is 0.47 for the VM and 0.49 for the SPQ). These results indicate that the 
combined VM and SPQ indices have the potential to contribute to the prediction skill of 
ENSO at three-season lead times. Further diagnosis of the real predictive use of the VM and 
SPQ precursors for the prediction of ENSO within a forecast framework is currently 
underway.

6. Conclusion

Previous studies suggest that the initiation and onset of ENSO events in the tropical 
Pacific can be partly associated with variations in the SST fields in the extratropical North 
Pacific (represented by the VM mode) as well as variations in the extratropical South Pacific 
(represented by the SPQ mode) [Ding et al., 2015a, 2015b; Tseng et al., 2017a]. Here, using 
observational data, we demonstrate that both VM and SPQ SST forcing during boreal spring 
can serve as a trigger for ENSO events. Both induce significant westerly anomalies in the 
western equatorial Pacific that are conducive to initiating an ENSO event in the following 
boreal winter. We find that the ENSO amplitudes associated with the VM and SPQ, as well 
as the percentages of strong ENSO events followed by the VM and SPQ events, are similar. 
Therefore, we conclude that the VM and SPQ may make comparable contributions to ENSO.

The relative contributions of VM and SPQ SST forcing to ENSO have been further 
explored in a set of numerical experiments utilizing CESM. When solely forced by the boreal 
spring VM-related SST anomalies in the North Pacific or the boreal spring SPQ-related SST 
anomalies in the South Pacific, the observed response of the tropical Pacific SST anomalies 
during the following boreal winter is reproduced. The simulated Niño3.4 index in the boreal
winter associated with the VM is of comparable amplitude to that associated with the SPQ, supporting the idea that the VM and SPQ SST forcing have similar levels of importance to ENSO.

The important roles of the VM and SPQ in initiating ENSO have implications for prediction and general understanding of ENSO variability. Our results suggest that VM and SPQ indices may be used together to better predict tropical Pacific SST variability and ENSO events. Indeed, the high three-season lead correlation of the Niño3.4 index shown in Figure 12e is comparable to the performance of state-of-the-art CGCMs [Tseng et al., 2017b]. Given that ENSO predictions are limited by the boreal spring predictability barrier [Webster and Yang, 1992], we speculate that the identification of SST anomalies associated with the VM and SPQ in the North and South Pacific, respectively, could help forecast the development of ENSO events across the boreal spring barrier. Further study is needed to investigate the role of North and South Pacific extratropical SST anomalies in affecting the predictability of ENSO.
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References


**Table 1.** Years of positive or negative VM and SPQ events for the period 1948–2017. Positive (negative) VM events that occurred simultaneously with the SPQ events are highlighted in bold red (blue).

<table>
<thead>
<tr>
<th></th>
<th>Positive VM</th>
<th>Negative VM</th>
<th>Positive SPQ</th>
<th>Negative SPQ</th>
</tr>
</thead>
</table>

**Table 2.** Classification of years in which positive or negative VM and SPQ events were or were not followed by a strong El Niño or La Niña event for 1948–2017.

<table>
<thead>
<tr>
<th></th>
<th>Strong El Nino</th>
<th>No strong El Nino or La Nina</th>
<th>Strong La Nina</th>
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</table>
Figure 1. (a) The observed VM SST (°C; shaded) pattern, and regressions of SLP (mbar; contours) and surface wind (m s$^{-1}$; vectors) anomalies onto the VM index. (b) The observed SPQ SST pattern, and regressions of SLP and surface wind anomalies onto the SPQ index. (c), (d) As in (a), (b), but for the simulated SST, SLP, and surface wind patterns associated with the VM and SPQ in the CESM CTRL run. (e) Seasonal variations of the standard deviation of the observed VM index and the simulated VM index in the CESM CTRL run. (f) Seasonal variations of the standard deviation of the observed SPQ index and the simulated SPQ index in the CESM CTRL run.
Figure 2. (a) Lead–lag correlations of the boreal winter (DJF-averaged) Niño3.4 index with 3-month averaged VM and SPQ indices for the observations. The year in which the VM and SPQ peak in FMA is denoted as year(0), and the preceding and following years as year(−1) and year(+1), respectively. The horizontal dashed line shows the 95% confidence level. (b) As in (a), but for the CESM CTRL run.
Figure 3. (a) Time series of the observed FMA-averaged VM and SPQ indices overlaid with the following boreal winter (DJF-averaged) Niño3.4 index for 1948–2017. (b) As in (a), but for the time series of the simulated VM, SPQ, and Niño3.4 indices in the CESM CTRL run for 1931–2000. In (a) and (b), the correlations of the FMA-averaged VM and SPQ indices with the following boreal winter Niño3.4 index are given in the lower left corner.
Figure 4. (a) Scatterplot with regression fitting line of the FMA-averaged VM index versus the simultaneous SPQ index. (b) As in (a), but for the FMA-averaged VM index versus the following boreal winter (DJF-averaged) Niño3.4 index. (c) As in (a), but for the FMA-averaged SPQ index versus the following boreal winter Niño3.4 index. (d) Scatterplot with regression fitting plane of the FMA-averaged VM and SPQ indices versus the following boreal winter Niño3.4 index.
Figure 5. Regressions of the observed 3-month averaged SST (°C; shaded) and surface wind anomalies (m s⁻¹; vectors) onto the FMA-averaged VM (left panel) and SPQ (right panel) indices for several lead times (MAM, JJA, SON, and DJF). Positive (red) and negative (blue) SST anomalies, significant at the 95% confidence level, are shaded. Only surface wind vectors significant at the 95% confidence level are shown.
Figure 6. Lead–lag regression coefficients of the three-month averaged Niño3.4 index on the FMA-averaged VM and SPQ indices derived from the HadISST data. The year in which the VM and SPQ peak in FMA is denoted as year(0), and the following year as year(+1).
Figure 7. (a) Correlations and partial correlations of the FMA-averaged VM and SPQ indices with the following boreal winter (DJF-averaged) Niño3.4 index. (b) The regression coefficients of the DJF-averaged Niño3.4 index onto the FMA-averaged VM index, and half the composite difference in the DJF-averaged Niño3.4 index between positive and negative VM (SPQ) events. (c) Percentages of positive (negative) VM and SPQ events that are followed by a strong or moderate El Niño (La Niña) event. (d), (e), (f) Same as (a), (b), (c), respectively, but calculated using ERSST data. In (a)–(f), the red and green bars are for the VM and SPQ, respectively.
Figure 8. Prescribed SST anomalies (°C; shaded) during the FMA season respectively for the (a) NP and (b) SP experiments, which are obtained from regressions of the FMA-averaged SST anomalies onto the concurrent VM/SPQ index based on the HadISST data.
Figure 9. The evolutions of 3-month averaged SST (°C; shaded) and surface wind anomalies (m s$^{-1}$; vectors) regressed on the FMA-averaged VM (left panel) and SPQ (right panel) indices in the CESM CTRL run for several lead times (MAM, JJA, SON, and DJF). Positive (red) and negative (blue) SST anomalies, significant at the 95% confidence level, are shaded. Only surface wind vectors significant at the 95% confidence level are shown.
Figure 10. The differences of the 3-month averaged SST (°C; shaded) and surface wind (m s$^{-1}$; vectors) anomalies between the NP and CTRL runs (left panel) and between the SP and CTRL runs (right panel). Only SST and surface wind anomalies significant at the 95% confidence level are shown.
Figure 11. (a) The difference in the Niño3.4 index from February to December between the NP and CTRL runs and between the SP and CTRL runs. Error bars indicate the 95% confidence intervals. (b) Probability distributions of strong, moderate, and normal ENSO cases in the CTRL run, in the NP run, and in the SP run.
Figure 12. (a) The distribution of the regression coefficient $\alpha$ (shaded) determined in the empirical prediction model (1) derived from the HadISST data. (b) As for (a), but for the distribution of the regression coefficient $\beta$. (c) Correlations between the observed and hindcast tropical Pacific SST anomalies generated by the empirical prediction model (1). (d) Correlations between observations and cross-validated hindcasts of tropical Pacific SST anomalies. In (a) and (b), the thick black contours enclose areas where the value of $\alpha$ or $\beta$ is significantly different from 0 at the 95% confidence level. In (c) and (d), areas with correlations significant at the 95% confidence level are shaded. (e) Time series of the observed boreal winter Niño3.4 index, and the cross-validated hindcasts of the boreal winter Niño3.4 index generated by empirical model (1).